



Object:

Throw the disc into the basket, completing the course in the fewest throws.

Tee Off:

Tee throws must be released before the tee marker.

Lie:

Where the disc lands

Throwing Order:

Lowest score on the previous hole tees off first. After the tee-off, the player whose lie is farthest from the basket throws first.

Fairway Throw:

Must be made from the lie. Run-up and follow through permitted.

Putt:

Within 10 yards of the target, a player may not step past the lie when attempting a putt throw. The hole is complete when the disc lands in the target basket.

Out of Bounds:

Roads & the rail tracks and discs stuck in trees or bushes is considered out of bounds. The disc must be thrown from the point on the course where it went out. One throw penalty.

Courtesy:

Do not throw until other players are out of range. Please be courteous, do not litter, take care of the equipment, and let faster groups "play through".



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